**K and Cd** **Parish Communion**   
**5 February 2023** **3rd Sunday before Lent**

# Notices

Today is Larder and Foodbank Sunday. Thanks for your donations.

**Monday 6 February**

7.30 Carryduff Select Vestry *in Quin Room*

**Tuesday 7 February**

8.00 Bible Study *in Rectory*

*Our weekly gathering for fellowship starts this week. Please bring your bible. We begin with refreshments. We look forward to seeing new faces after our long break.*

**Wednesday 8 February**

10.00 Midweek Communion *with refreshments*

**Next Sunday**

8.30 Early Communion

10.00 Sunday Morning Worship *in Carryduff*

12.00 Sunday Morning Worship *in Killaney*

# The Gathering of God’s People

We gather in the Lord’s name to offer him our best.  
**May we and all the people bless the Lord!**

# Guide me, O thou great Jehovah - Hymn 647

1 Guide me, O thou great Jehovah,  
pilgrim through this barren land;  
I am weak, but thou art mighty;  
hold me with thy powerful hand:  
bread of heaven, bread of heaven  
*feed me now and evermore*.

2 Open now the crystal fountain,  
whence the healing stream doth flow; let the fiery, cloudy pillar  
lead me all my journey through:  
strong deliverer, strong deliverer  
*be thou still my strength and shield*.

When I tread the verge of Jordan,  
bid my anxious fears subside;  
death of death, and hell’s destruction,  
land me safe on Canaan’s side:  
songs of praises, songs of praises  
*I will ever give to thee*.

# Opening Collect

# Penitence - saying sorry

Lord, have mercy. **Lord, have mercy.**  
Christ, have mercy. **Christ, have mercy.**  
Lord, have mercy. **Lord, have mercy.**

# Gloria in Excelsis - please stand

**Glory to God in the highest, and peace to God’s people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God, you take away the sin of the world:  
have mercy on us; you are seated at the right hand of the Father, receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

# The Collect - 3rd Sunday before Lent

# 1 Corinthians 2:1–12 - please be seated

And so it was with me, brothers and sisters. When I came to you, I did not come with eloquence or human wisdom as I proclaimed to you the testimony about God. For I resolved to know nothing while I was with you except Jesus Christ and him crucified. I came to you in weakness with great fear and trembling. My message and my preaching were not with wise and persuasive words, but with a demonstration of the Spirit’s power, so that your faith might not rest on human wisdom, but on God’s power. We do, however, speak a message of wisdom among the mature, but not the wisdom of this age or of the rulers of this age, who are coming to nothing. No, we declare God’s wisdom, a mystery that has been hidden and that God destined for our glory before time began. None of the rulers of this age understood it, for if they had, they would not have crucified the Lord of glory. However, as it is written: ‘What no eye has seen, what no ear has heard, and what no human mind has conceived’— the things God has prepared for those who love him— these are the things God has revealed to us by his Spirit. The Spirit searches all things, even the deep things of God. For who knows a person’s thoughts except their own spirit within them? In the same way no one knows the thoughts of God except the Spirit of God. What we have received is not the spirit of the world, but the Spirit who is from God, so that we may understand what God has freely given us.

This is the Word of the Lord **Thanks be to God**

# Children’s Song: - For God so loved the world

For God so loved the world  
He gave his only son  
and whoever believes in him  
shall not die  
But have eternal life.

L is for the love that he has for me  
I am the reason he died on the tree  
F is for forgiveness and now I am free  
E is to enjoy being in his company.

# Matthew 5:13–20 - Please stand

Hear the Gospel of our Saviour Christ according to Matthew Chapter 5 beginning at verse 13: **Glory to you, Lord Jesus Christ**

## ‘You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. ‘You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. ‘Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfil them. For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished. Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practises and teaches these commands will be called great in the kingdom of heaven. For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven.

This is the Gospel of the Lord **Praise to you, Lord Jesus Christ**

# The Sermon

# Man of sorrows - Hymn 227

1 Man of sorrows! What a name  
for the Son of God, who came  
ruined sinners to reclaim:  
Alleluia! What a Saviour!

2 Mocked by insults harsh and crude,  
in my place condemned he stood;  
sealed my pardon with his blood:  
Alleluia! What a Saviour!

3 Guilty, helpless, lost were we:  
blameless Lamb of God was he,  
sacrificed to set us free:  
Alleluia! What a Saviour!

4 He was lifted up to die:  
‘It is finished’ was his cry;  
now in heaven exalted high:  
Alleluia! What a Saviour!

5 When he comes, our glorious King,  
all his ransomed home to bring;  
then again this song we’ll sing:  
Alleluia! What a Saviour!

The Nicene Creed *on screen only*

## We believe in one God,

## the Father, the Almighty,

## maker of heaven and earth, of all that is,

## seen and unseen.

## We believe in one Lord, Jesus Christ,

## the only Son of God,

## eternally begotten of the Father, God from God, Light from Light, true God from true God,

## begotten, not made,

## of one Being with the Father.

## Through him all things were made.

## For us and for our salvation

## he came down from heaven,

## was incarnate by the Holy Spirit of the Virgin Mary,

## and was made man.

## For our sake he was crucified under Pontius Pilate;

## he suffered death and was buried.

## On the third day he rose again

## in accordance with the Scriptures;

## he ascended into heaven

## and is seated at the right hand of the Father.

## He will come again in glory to judge the living and the dead, and his kingdom will have no end.

## We believe in the Holy Spirit,

## the Lord, the giver of life,

## who proceeds from the Father and the Son,

## who with the Father and the Son is worshipped and glorified,

## who has spoken through the prophets.

## We believe in one holy catholic and apostolic Church.

## We acknowledge one baptism for the forgiveness of sins.

## We look for the resurrection of the dead,

## and the life of the world to come. Amen.

# The Prayers of the People

Father, we pray for your holy catholic Church **that we all may be one.**

Grant that every member of your Church may truly and humbly serve you:  
**that your name may be glorified by all people.**

We pray for all bishops, priests and deacons  
**that they may be faithful ministers of your word and sacraments.**

We pray for all who govern and hold authority in the nations of the world  
**that there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake  
**that your glory may be proclaimed through our lives.**

Have compassion on those who suffer from any grief or trouble  
**that they may be delivered from their distress.**

We praise you for your saints who have entered their eternal joy  
**may we also come to share in the fulness of your kingdom.**

We pray for our own needs and for those of others: *Silence.*

Gracious God, grant that the desires of your people’s hearts may find favour in your sight, through the intercession of Jesus Christ our Lord. Amen.

# The Peace

The peace of the Lord be always with you **and also with you.**

# When I survey the wondrous cross - Offertory Hymn 247

When I survey the wondrous cross  
on which the Prince of Glory died,  
my richest gain I count but loss,  
and pour contempt on all my pride.

2 Forbid it, Lord, that I should boast,  
save in the cross of Christ, my God;  
all the vain things that charm me most,  
I sacrifice them to his Blood.

3 See from his head, his hands, his feet,  
sorrow and love flow mingled down;  
did e’er such love and sorrow meet,  
or thorns compose so rich a crown?

4 Were the whole realm of nature mine,  
that were an offering far too small;  
love so amazing, so divine,  
demands my soul, my life, my all.

# At the Lord’s Table

Christ our passover has been sacrificed for us  
**therefore let us celebrate the feast.**

The Lord is here. **His Spirit is with us.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

. . .In Christ you shared our life that we might live in him and he in us.

**He opened wide his arms upon the cross and, with love stronger than death, he made the perfect sacrifice for sin.**

… do this in remembrance of me.  
**Lord Jesus, we bless you: you are the bread of life.**

… do this in remembrance of me.  
**Lord Jesus, we bless you: you are the true vine.**

Praise to you, Lord Jesus Christ: **dying, you destroyed our death,  
rising, you restored our life; Lord Jesus, come in glory.**

… of our Saviour Jesus Christ.  
**As we eat and drink these holy gifts make us, who know our need of grace, one in Christ, our risen Lord.**

. . .for ever praising you and saying:  
**Holy, Holy, Holy Lord, God of power and might.  
Heaven and earth are full of your glory. Hosanna in the highest.**

Thanks be to you, our God, for your gift beyond words. **Amen. Amen. Amen.**

# The Lord’s Prayer and Breaking the bread

The bread which we break is a sharing in the body of Christ.  
**We being many are one body, for we all share in the one bread.**

Jesus Christ is the Lamb of God, who has taken away the sins of the world.  
Happy are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

# Going Out as God’s People

Father of all, . . . . opened the gate of glory.

**May we who share Christ’s body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.**

**Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

**Almighty God, we thank you for feeding us  
with the spiritual food of the body and blood of your Son Jesus Christ.**   
**Through him we offer you our souls and bodies to be a living sacrifice.  
Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

# The Blessing and Dismissal

Go in peace to love and serve the Lord **in the name of Christ. Amen.**

# God, whose almighty word - Hymn 324

1 God, whose almighty word  
chaos and darkness heard,  
and took their flight:  
hear us, we humbly pray,  
and where the gospel-day  
sheds not its glorious ray,  
let there be light!

2 Saviour, who came to bring  
on your redeeming wing  
healing and sight,  
health to the sick in mind,  
sight to the inly blind:  
now to all humankind  
let there be light!

3 Spirit of truth and love,  
life-giving, holy dove,  
speed on your flight!  
Move on the water’s face,  
bearing the lamp of grace,  
and in earth’s darkest place  
let there be light!

4 Holy and blessèd Three,  
glorious Trinity,  
wisdom, love, might:  
boundless as ocean’s tide  
rolling in fullest pride,  
through the world, far and wide,  
let there be light!