CROSSROADS



Summer 2022





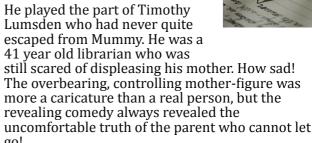
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St Andrew's Killaney | St Ignatius' Carryduff

Dear Friends

Do you remember Ronnie Corbett in "Sorry!"?





We may have had particularly strong parents, but, thankfully, for most of us they were never controlling!

Children blossom better in an environment where they are given room to grow!

It was during the summer in my early teens that I started talking about my faith in Jesus. It was at a camp for boys held in a little school in Sutton, near Howth in Co Dublin.

Each morning we spent about half an hour, or maybe more, reading a few verses from the book of Colossians and sharing what we thought it meant. I remember nothing of the conversations but I recall the events of that week, and it moved me from being a secret believer along the journey towards talking about my faith.

One of the reasons I felt free to do this was probably because I was safely away from people who knew me very well - people who would have known I was being a bit of a hypocrite - and so I spoke up.

I say this because I believe young people, especially those in church families, need to spend time outside the close protection of parents and siblings from time to time, to give them room to be who they want to be. Otherwise, there is a huge pressure to become what those around them would have them be!

The same freedom is important before young people get married - not some 'anything goes' environment, but a safe place to build relationships surrounded by people who respect them and mutually care for one another. My experience of moving just 8 miles from home to live in the Student Centre at Queen's gave me time and space to learn some basic skills of life, and to find a wider variety of people some of whom could become my friends.

As parents, we often think the children are safer with us, travelling to college, holidaying with the family, keeping reasonable hours for sleeping and waking. And they are. But they are still being treated as children if we never give them room to make mistakes and learn from them. We want to send them out as well versed, experienced young people into a world which would soon expect them to have all the answers.

BCMS Camps helped me discover how my faith applied to my life, and **The Church of Ireland Student Centre** taught me what it was like to choose to live in a Christian way in a place of education, which welcomes people of all beliefs and none. These were valuable lessons.

As we consider the next generations, especially those who are part of our greater family circles, let us ask God to help us guide them to new freedoms in contexts where others are, like us, looking out for their good. And let us ask God for courage to let them go. There are few things worse than forcing a growing person to be overly dependent on us.

As you support your children's plans for summer, for education, for life, don't presume they will know how to behave themselves on a ten day holiday in the sun if we haven't given them safer spaces in which to develop their character and self-control.

Stephen

Children's Day: Millie Bellew

Children's Day is due to take place in the days following publication of this

edition of Crossroads, on Sunday 26 June at 10:00 am in Carryduff and 12:00 pm in Killaney. Our guest on the day is Millie Bellew, the Children's officer of our diocese. Millie is very excited to hear that Killaney Sunday Club has re-opened, and is looking forward to hearing from



Carryduff Sunday Club as they announce their hopes to support Send–a-Cow with their collection this year.

A small gift will be given to each young member of the congregation as a mark of our joy at being able to share worship with them all again. Learn more about Millie here: https://www.downanddromore.org/news/2022/04/new-childrens-officer-appointed

To J Club members and Sunday Club children: see you there!

Celebrate at Ten

After a two year gap it was thrilling to see the young people of our J Club join the Sunday Club children with families and friends in worship at Carryduff. "Celebrate at Ten" reflects the tone and the time of the event, and we look forward to many such happy services in the future.

We focussed on the Holy Spirit as our teacher and guide, as the parish was focussing on the Queen on Pentecost Sunday a few weeks later. The service took place on the Sunday on which we had relaxed the guidelines on worship, and saw forty more people at worship than at any time since March 2020 Watch out for future events near the end of each month!

St. Andrew's News

Thank you to all who helped organise the Jubilee Service and Picnic. When we walked into the porch, a life size model of an Irish Guard met us. When the Queen is staying at Hillsborough Castle, an Irish Guard Piper always meets her and plays while she is there. The Church was decorated with flowers and, at the beginning of the service, David Gill played the tune "Balmoral" on his bagpipes, as

Bill Connor MBE carried the Colours to the front of the Church. It was a lovely service and we have a nice hymn sheet as a souvenir with a lovely picture of a crown and flag, which was painted by Annabelle Gill who goes to our Sunday Club.

Rosters

Flowers: July Jennifer Knox

August Lyn McNeill

Cleaning: July Anne Mannis & Alison Gray

August Lyn McNeill

Poems

May my prayers be like a tree Rising strong and true to Thee, Crowned in humble beauty fair, Fragrancing the very air, Shading friends in need of rest With gentle hope and quietness A summer evening quiet and still The cattle lie contented,
The swallows skim the rippling pond The garden air is scented.
There's music and there's laughter With children at their play,
As the thrush sing from the briar At the closing of the day.

Diocesan Rejuvenation Fund

Our Select Vestry was interested to hear of a new fund, a **Diocesan Rejuvenation Fund**, which has been established to help match contributions from supporting parishes with funds raised in parishes seeking help to develop new projects, especially for the renewal of parishes that are struggling.

In late August, envelopes will be set on the pews in St Andrew's, with further information, for you to consider making your contribution.

Refreshments before Church

We recently began serving tea or coffee and a biscuit before morning worship each week. The response has been great. While, with summer schedules, we cannot guarantee this every Sunday, most weeks we hope to serve in the Hampton Hall at around 11:40 am. Thanks to the volunteers.

300

It can be read in the Bible in Luke chapter 2 verses 41 to 51

A short story from the Bible

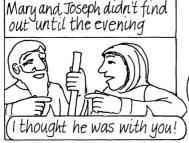
Every year Joseph and Mary went to Jerusalem for the Passover festival with their family and friends. This year Jesus was twelve.



at the back with the men.



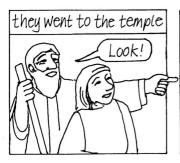








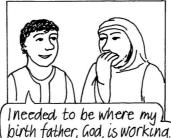














WordSearch for Sea Sunday

Over many years the 2nd Sunday of July has been kept as Sea Sunday, with a special focus on prayer for all seafarers. The Mission to Seafarers supports the work of sailors facing difficult waters, piracy, and separation from loved ones for long periods at sea. However, we can also experience storms in our own lives. In Acts



27 we read how Paul was being taken as a prisoner to Rome, when he was caught in a storm off Crete. After 14 days they were shipwrecked on the island of Malta.

Paul had warned the crew that it wasn't a safe time of year to sail: "I can see that our voyage is going to be disastrous and bring great loss to ship and cargo, and to our own lives." However, Paul's words were ignored, and the ship sailed into a violent storm. By the third day they 'finally gave up all hope of being saved.' How do we face up to storms in our lives? Do we worry and panic? God doesn't necessarily prevent storms from taking place, but we can trust His purpose through them.

Paul urged the sailors to "keep courage, because not one of you will be lost, only the ship will be destroyed." His confidence rested on an angelic promise: "Do not be afraid, Paul. You must stand trial before Caesar; and God has graciously given you the lives of all who sail with you." Only the sovereign God, who created the wind and waves, can promise to save people from a storm. What does this mean for us in our circumstances today?

'Through many dangers, toils and snares I have already come.
'Tis grace that brought me safe thus far, and grace will lead me home.' John Newton

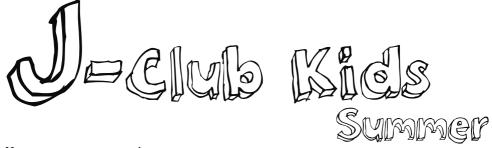
Please remember all who work on the seas around our shores, as merchant sailors, crew members of ferries, those who work on fishing boats, and Royal Navy support workers.

Visit: www.missiontoseafarers.org

FILL THI	E WORD
SEARCH	OPPOSITE

July Sea Sunday Remember Pray Give Thanks Merchant Seafarers Daily Shops Economy Afloat Harsh Working Environments

Piracy Shipwreck Hundreds global Port Chaplains Hospitality Friendship practical



Have a great summer!

Our J Club heroes have enjoyed some very exciting visitors at their weekly nights in the hall: we have had visits from Phil's farm, Build-a-Bear, and Carnival Promotions.

It was a very exciting Jubilee Weekend when our members helped decorate the hall for the Jubilee Tea Party at the start of June.

During July we all get a break, including our leaders who give so much of their free time and energy to help our youngsters. Then, in August, we plan several Monday Night events to help families, who have summer weekends away, to take part!

We will give you further details via our FaceBook page: so keep a look out for our next events. Thank you for being part of our team; we look forward to seeing you all again soon.

Keith

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Habitat for Humanity

Everyone needs a place to call home

Our guest preacher representing Habitat for Humanity NI was Pete Graham. We have been supporting Habitat for many years now, and it was great to have a second visit from Pete with fresh news.

Habitat for Humanity Poland was in an ideal situation to respond to the needs experienced in the region by the many thousands of people escaping Ukraine, as a result of the invasion of their country from February 24.



As an example of the work they were able to do to help, Pete spoke of a vacant dormitory block in a Technical School being transformed into apartments for some 250-300 families/individuals. This was done in coordination with other agencies, but relied on Habitat's personnel for skills needed to build homes quickly and economically.

The introduction of a new Restore outlet in Poland makes it possible for those trying to set up home in a new country to obtain building materials and items to furnish their homes. Restore shops locally are in Lisburn, Newtownards, Newry and Ballymena. Further developments have recently opened or are planned to do so. Our parishioners have both donated items for sale and have served as volunteers in the shop.

Pete encouraged those present to follow in Nehemiah's footsteps, as we become aware of neglected homes and buildings which can be renewed for use by people in need.

For further information visit the website at https://www.habitatni.co.uk

The Difference

So often I can't wear the right clothes, Speak the right words,

Fit the right mould. Make it possible to be me,

Be the shape people want me to be,

Perfectly free In your service, Expect me to be, Open for you Demand that I am, To conform. To transform.

By Daphne Kitching

But you Lord

Accept me,

Release me.

Bible Week 2022

We are delighted to welcome back Most Revd Dr Benjamin Kwashi as the speaker at this year's Bible Week, running from Tuesday 30 August until Friday 2 September. He will also speak at a Bible Week Youth Night on Saturday 3 September.



Ben is Bishop of the Anglican Diocese of Jos and Archbishop of the Ecclesiastical Province of Jos in the Church of Nigeria, and spoke at our Bible Week back in 2009. Many of us will remember him as a powerful and gifted communicator, passionate for the Gospel and willing to lay his life on the line in its cause. Ben has survived three assassination attempts at the hands of terrorists and, more recently, he has been declared cancer free after a diagnosis of stage 4 colon cancer, which had also spread to his liver.

We very much look forward to Archbishop Ben's testimony and Bible teaching (more details to follow).

Leadership

Bible Week will also be an occasion to celebrate leadership in the diocese, with short acts of commissioning on Tuesday (Parish Readers) and Wednesday (Diocesan Readers). On Thursday, Bishop David is inviting the clergy of the diocese to reaffirm their ordination vows.

On Friday, we hope that choirs and worship teams will make a special effort to come along for 'Let's Sing', an evening of worship and teaching from Archbishop Ben.

Time and place

Bible Week will begin each evening from

Tuesday 30th August to Friday 2nd September at 7.45 pm in

Willowfield Church, 149 My Lady's Road, Belfast, BT6 8FE.



It was bad enough your mobile ringing halfway through his sermon, without the ringtone being the 'Christians Awake' tune!

Just for Fun

Solar power Somebody finally invented a solar-powered laundry dryer. It's called a 'clothes-line'.

Baptism A couple took their five-year-old young daughter to church. During the service, the minister conducted the baptism of a tiny infant. The little girl watched in wonder as he held the baby, said solemn words, then poured water over its head, and then carefully wiped it dry. Finally, she turned to her father. "Daddy, why is he brainwashing that baby?"

Are you camping this summer? Here are some helpful hints...

- \sim When using a public campground, a tuba placed outside your tent will keep the spaces on either side vacant.
- ~ You can duplicate the warmth of a down-filled bedroll by climbing into a plastic garbage bag filled with several geese.
- \sim Take this simple test to see if you qualify for solo camping: shine a torch into one ear. If the beam shines out the other ear, do not go into the woods alone.
- ~ A two-man pup tent does not include two men or a pup.
- ~ A potato baked in the coals for one hour makes an excellent side dish. A potato baked in the coals for three hours makes an excellent hockey puck.
- \sim The sight of a bald eagle has thrilled campers for generations. The sight of a bald man, however, does absolutely nothing for the eagle.

Pleasure Some people won't suffer in silence because that would take all the pleasure out of it.

US Holiday A couple with three young children went on holiday to America, and eventually ended up waiting in line at San Francisco's Pier 41, to purchase tickets for a boat trip to Alcatraz. Others watched with varying degrees of sympathy and irritation as the young children fidgeted, whined, and punched one another. The frazzled parents reprimanded them, to no avail. Finally they reached the ticket window. "Five tickets, please," the father said. "Two round trip, three one way."

Pay for what you get A man and his ten-year-old son were on a fishing trip, miles from home. At the boy's insistence, they decided to attend the Sunday worship service at a small rural church. The father forgot to bring any cash, so he reached in his pocket and gave his son 10p to drop in the offering plate as it was passed. As they walked back to their car after the service, the father complained. "The service was too long," he lamented. "The sermon was boring, and the singing was off key."

Finally the boy said, "Daddy, I thought it was pretty good for 10p."

Summer guide to modern science around the house

- 1. If it's green or it wiggles, it's Biology.
- 2. If it stinks or explodes, it's Chemistry.
- 3. If it doesn't work, it's Physics.

The lady who wanted three hymns One Sunday a minister announced that the church needed some extra money. He asked the people to prayerfully consider giving a little extra, and as an enticement, added that whoever gave the most would be able to pick out three hymns.

The offering plate was passed around, and to the minister's amazement, someone had put in a cheque for £1,000. He shared his joy with his congregation and said he'd like to thank the person who'd given the cheque. A very quiet, elderly lady shyly made her way down to the front of the church. The minister told her how wonderful it was that she gave so much, and asked her to pick out three hymns. Her eyes brightened as she looked over the congregation. She pointed carefully to the three handsomest men in the building and said: "I'll take him, and him,"

Advertising terms explained

NEW - Different colour from previous design.

ALL NEW - Parts are not interchangeable with previous design.

EXCLUSIVE - Imported product from goodness knows where.

UNMATCHED - Not quite as good as the competition.

FOOLPROOF OPERATION - No provision for adjustments.

ADVANCED DESIGN - The advertising agency doesn't understand it.

IT'S HERE AT LAST - Rush job. Nobody knew it was coming.

FIELD TESTED - Manufacturer lacks on-site test equipment.

HIGH ACCURACY - Unit on which all parts actually fit.

FUTURISTIC - We have no idea why it looks the way it does.

REDESIGNED - Previous flaws fixed - we hope.

DIRECT SALES ONLY - Factory had a big argument with distributor.

YEARS OF DEVELOPMENT - We finally got one to work.

BREAKTHROUGH - We finally

figured out a use for it.

MAINTENANCE FREE -

Impossible to fix.

MEETS ALL STANDARDS -

Ours, not yours.

SOLID-STATE -

Don't drop it on your foot.

HIGH RELIABILITY -

We made it work long enough to ship it.

AND FINALLY:

Spider

Whoever said "Out of sight, out of mind" never had a large spider disappear in the bedroom.



Not everyone has a natural gift for rural ministry

Summer Services

Wednesday services focus on the prophets writings in the Old Testament.

During summer Sunday main services we will focus on passages from 2 Corinthians "The Suffering and the Glory". This is about Balanced Christian Discipleship and draws some of its themes from a book by David Prior given to me by Brian Courtney in June 1986, at my ordination to be a presbyter. It is one of 'those' books which challenged - and continue to challenge - me deeply.

Please note that readings are chosen many weeks ahead of use and so may be

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Trinity 2. Children's Day

26 June	Trinity 2: Children's Day	(Green)
8:30	Early Communion	at Carryduff
10:00	Children's Day with Emilia Bellew	at Carryduff
12:00	Family Day with Emilia Bellew	at Killaney
3 July	Trinity 3: Creative Suffering	(Green)
Pro	ise be to the God and Father of our Lord Jesus Christ, the	Father of
	compassion and the God of all comfort 2 Corinthians	
8:30 am	Early Communion ONE	at Carryduff
	Galatians 6:7-16 Luke 10:1-3, 16-20	
10:00 am	Parish Communion	at Carryduff
	2 Corinthians 1:3-11 Luke 10:1-3, 16-20	
12:00 pm	Parish Communion	at Killaney
	2 Corinthians 1:3-11 Luke 10:1-3, 16-20	
6 July	Wednesday	(Green)
10:00	Midweek Communion Fellowship	at Carryduff
	Hosea 10:1-3,7 8,12 Matthew 10:1-7	
10 July	Trinity 4 Straightforwardness - Integr	ity (Green)
Make ev	ery effort to live in peace with everyone and to be holy; wi	thout holiness
	no one will see the Lord Hebrews 12:14	
8:30	Early Communion	at Carryduff
	Amos 7:7-17 Luke 10:25-37	
10:00	Sunday Morning Worship	at Carryduff
	2 Corinthians 1:12-23	
12:00	Sunday Morning Worship at Killane	
	2 Corinthians 1:12-23	
17 July	Trinity 5 Triumph and Triumphalism	(Green)
Worshi	p the LORD in the splendour of his holiness; tremble befor earth Psalm 96:9	e him, all the
8:30	Early Communion	at Carryduff
	Amos 8:1-12 Luke 10:38-42	•
10:00	Sunday Morning Worship at Carryduf	
	2 Corinthians 2:14-17 & 3:1-6	•
12:00	Sunday Morning Worship at Killaney	
	2 Corinthians 2:14-17 & 3:1-6	•
20 July.	Wednesday	(Green)
10:00	Midweek Communion Fellowship	at Carryduff
10.00	Jeremiah 1:1, 4-10 Matthew 13:1-9	at dairy dair
	,	

	Trinity 6 Living with weakness	(Green)
But the I	Lord is faithful, and he will strengthen you and protect y one 2 Corinthians 3:3	ou from the evil
8:30	Early Communion	at Carryduff
	Hosea 1:2-10 Luke 11:1-13	
10:00	Sunday Morning Worship	at Carryduff
	2 Corinthians 4:1-12	
12:00	Sunday Morning Worship	at Killaney
	2 Corinthians 4:1-12	
27 July	Wednesday	(Green)
10:00	Midweek Communion Fellowship	at Čarryduff
	Jeremiah 15:10,16-21 Matthew 13:44-46	•
31 July	Trinity 7 At home with the Lord	(Green)
	For we live by faith, not by sight 2 Corinthians 5	:7
8:30	Early Communion	at Carryduff
	Hosea 11:1-11 Luke 12:13-21	
10:00	Sunday Morning Worship	at Carryduff
	2 Corinthians 5:1-10	
12:00	Sunday Morning Worship	at Killaney
	2 Corinthians 5:1-10	
3 August	Wednesday	(Green)
10:00	Midweek Communion Fellowship	at Carryduff
	Jeremiah 31:1-7 Matthew 15:21-28	•
7 August	Trinity 8 The Death of Christ	(Green)
For Chri	st's love compels us, because we are convinced that one therefore all died 2 Corinthians 5:14	died for all, and
8:30	Early Communion ONE	at Carryduff
	Isaiah 1:1,10-20 Luke 12:32-40	
10:00	Parish Communion	at Carryduff
	2 Corinthians 5:11-17 Luke 12:32-40	
12:00	Parish Communion	at Killaney
	2 Corinthians 5:11-17 Luke 12:32-40	
11 August	South Sudan Thursday	(Green)
10:00	Holy Communion	at Carryduff
	Ezekiel 9:1-7; 10:18-22 Matthew 18:15-20	
follo	wed by Morning Tea and conversations with South Sudo	an visitors
6:00	Barbecue	at Killaney
A	n opportunity to meet with Bishop and Mrs Tandema at	t Killaney
12 August	Global Friday	-
7:30	Kingdom Voices at St Anne's Cathedral	
	Celebration with News from around the world CMSI at	
13 August	Global Saturday	5111.10
2:00 - 4:30		Lady Divon Dayle
2:00 - 4:30	Global Fun Day at Sir Thomas and	Lauy Dixon Park

BBQ, Games, Entertainment with Global Guests: CMSI and SAMS for all ages
We hope you make every effort to join our visitors at one of these events

14 August	Trinity 9 Evangelism	(Green)	
_	de him who had no sin to be sin for us, so that in him the righteousness of God 2 Corinthians 5:2	we might become	
8:30	Early Communion Isaiah 5:1-7 Luke 12:49-56	at Carryduff	
10:00	Sunday Morning Worship 2 Corinthians 5:18-21 & 6:1-10	at Carryduff	
12:00	Sunday Morning Worship 2 Corinthians 5:18-21 & 6:1-10	at Killaney	
17 August 10:00	Wednesday Midweek Communion Fellowship Ezekiel 34:1-11 Matthew 20:1-16	at Carryduff	
21 August	Trinity 10 Holiness	(Green)	
Theref from ev	ore, since we have these promises, dear friends, let us verything that contaminates body and spirit, perfecti reverence for God. 2 Corinthians 7:1	s purify ourselves ng holiness out of	
8:30	Early Communion Jeremiah 1:4-10 Luke 13:10-17	at Carryduff	
10:00	Sunday Morning Worship 2 Corinthians 6:14-7:1	at Carryduff	
12:00	Sunday Morning Worship 2 Corinthians 6:14-7:1	at Killaney	
24 August 10:00	Wednesday St Bartholomew Midweek Communion Fellowship Isaiah 43:8-13 Luke 22:24-30	(Red) at Carryduff	
26 August 2:00	Friday Magazine folding, stapling and bundling	at Carryduff	
28 August Trinity 11 Relationships (Green) You know the grace of our Lord Jesus Christ that though he was rich yet for your			
	ecame poor so that you through his poverty might bed		
8:30	Early Communion Jeremiah 2:4-13 Luke 14:1,7-14	at Carryduff	
10:00	Sunday Morning Worship 2 Corinthians 6:11-13 and 7:2-4	at Carryduff	
12:00	Sunday Morning Worship 2 Corinthians 6:11-13 and 7:2-4	at Killaney	
30 August	Tuesday		
7:45	Bible Week	at Willowfield	
31 August	Wednesday		
10:00	Midweek Communion Fellowship 1 Corinthians 3:1-9 Luke 4:38-44	at Carryduff	
7:45	Bible Week	at Willowfield	
1 Sept 7:45	Thursday Bible Week	at Willowfield	
2 Sept 7:45	Friday Bible Week : Let's Sing	at Willowfield	



A Peaceable Wisdom

I have a strong and deeply imbedded memory of being in Ukraine. It was back in August 2017 that the Belfast Philharmonic Choir went on tour, performing concerts of sacred music in two large cathedrals in Poland (in Katowice and Opole) and in The Philharmonic Concert Hall in Lviv, Ukraine. In all three concerts – performed to full houses – the choir was accompanied by the Lviv Academic Chamber Orchestra.

After the formal concert in Lviv the orchestra quietly left the stage and our choir sang an unaccompanied eight part setting of the Londonderry Air. It brought the house down and we were welcomed with great warmth and enthusiasm by the Ukrainian public.

This was an occasion I am unlikely to forget. The people of Lviv took us to their hearts and went on to show us round their city. We still have contacts with them, and it is with great sadness that we have become increasingly aware of the impact on them of the present Russian invasion.

It is also worth noting that the city of Lviv managed to survive both Soviet and German occupations during World War II largely unscathed – the old buildings and cobblestone streets are still intact.

There is, at present, a quiet prayerfulness for the people of Ukraine in my everyday thoughts. These people, who welcomed us with such warmth, have found themselves on the receiving end of immense brutality at the hands of an invading Russian army. The horror of it is all the more real because of our personal experience. Yet I, and all the members of our choir, feel relatively helpless.

It was in that frame of mind that I read through the prayer for "Community and World Peace" in the Book of Common Prayer. It contains the priceless and poetic words

"......Guide with your pure and peaceable wisdom
Those who take counsel for the nations of the world;
That in tranquillity your kingdom may go forward
Till the earth is filled with the knowledge of your love.."

If such enriching sentiments could find their way into the hearts of people the world over and, in particular, the hearts of those with influence on the international stage – then wonders of peaceable wisdom may occur.

It remains our hope that God may cause a rich and abundant blessing to visit this embattled land. In the heavenly realm there is always great scope for grace and hope – and forgiveness. May we keep the people of Ukraine continuously in our hearts and in our prayers and "keep watch, because you do not know on what day your Lord will come (Matthew 24v.42)."

Denis Carson

Debt leaves you so lonely

Christians Against Poverty has warned that more people are suffering loneliness and isolation as the cost-of-living crisis pushes them ever deeper into debt.

The charity has recently reported finding clients "too worried to answer the door or answer the phone."

Before contacting CAP for debt advice and support, 60 per cent of respondents said they had felt lonely, while about 40 per cent admitted that they had not had a meaningful conversation in the past week. Two thirds said that they had no one to turn to when they had a problem.

As one client explained, CAP "definitely gave me hope that there was light at the end of the tunnel." CAP's helpline has experienced a significant rise in demand this year.

Along with free debt advice, CAP offers emotional support and life-skills courses to help people to connect with others and reduce their loneliness. Visit https://capuk.org

Vocation: a calling for all?

Simon Genoe from Magheralin and Dollingstown preached this year's Vocation Sunday sermon to the congregations via video. Simon Genoe and Karen Salmon are the Diocesan Directors of Ordinands, but it was clear that God's call was not just for those considering full time ministry, but for every member of God's church family.

His chosen sermon text is worth regular study and reflection.

Ask yourself "How does this apply to me, this week, at this point in my life?"

Romans 12:1-3 (NIVUK)

Therefore, I urge you, brothers and sisters, in view of God's mercy, to **offer your bodies as a living sacrifice, holy and pleasing to God** – this is your true and proper worship.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will.



More worried about money

Four in ten of us are now more worried about our energy bills than about catching Covid.

That is the finding of a recent study by University College London (UCL).

Dr Daisy Fancourt, of UCL's Institute of Epidemiology and Healthcare and the lead author, said that as the cost-of-living crisis takes hold, "Concerns about money have been increasing, with people now more concerned about finances than about Covid-19. This suggests that new psychological stressors are becoming dominant for individuals."

The study found that there has also been a drop in happiness and life satisfaction levels, with fewer than half of adults saying they felt in control of their mental health, as compared with 54 per cent six months ago. Depression and anxiety symptoms are the highest they have been for more than a year, on a level with when the first lockdown was eased in 2020.

Watch less TV and live longer

A recent study at the University of Cambridge has estimated that about one in ten cases of heart disease could be prevented, if people watched less TV.

It seems that more than four hours of screen-based sedentary activity a day can lead to coronary heart disease, which is one of the UK's leading causes of death. Heart disease is responsible for about 64,000 deaths each year.

On the other hand, people who watch two to three hours a day were found to have a six per cent lower risk of developing heart disease, while those who view less than an hour a day had a 16 per cent reduced risk.

Children's Kitchen Terms

BOIL: The point a parent reaches upon hearing "Yuck" before a food is even tasted.

CASSEROLE: Combination of favourite foods that go uneaten because they are mixed together.

DESSERT: The reason for eating a meal.

EVAPORATE: Magic trick performed by children when it comes time to clear the table.

FRUIT: Something that is never to be confused with dessert.

REFRIGERATOR: A very expensive and inefficient room air conditioner when not being used as an art gallery.

Larder and Foodbank Collections

to take place on

Sunday 3rd July, Sunday 7th August

Thank you for your continued support for local communities in Belfast and Ballynahinch. We cannot do everything, but everyone can do a little.



Celebrating the Jubilee

Carried along by the mood of the excited media and the deep devotion held for Her Majesty, the parishes marked the Platinum Jubilee of Queen Elizabeth II with services and celebrations with a festive air. First event was a wonderful table set after our Midweek Communion at Carryduff. Flowers, table decorations and a Jubilee Cake were much appreciated, as was the presence of our keenest royalist, and oldest member, Mrs Jeannie Cotter. Thanks to Susan and Elizabeth for making the arrangements.

Sunday Services reflected the grateful mood of parishioners for both the longevity and determination of our monarch as she sought to serve the nation in a way which reflected her deeply held Christian faith.

The worship at Carryduff was accompanied by our visiting organist, Mr Brian Mulholland. It opened with a Colour party kindly organised by the Scout Troop, accompanied by the pipes from Killaney. The service was followed by a Royal Tea Party in the church hall. Some 60 people gathered around the tables decorated with ribbons, flowers and napkins for the occasion. We enjoyed scones, traybakes and sausage rolls, followed by Jubilee Cake cut by Kyle - whose birthday coincided with the Jubilee Festival -.with background music and colourful crowns from J Club to complete the sense of festival.

We gathered at Killaney, again having the Union Flag accompanied into the church with "Balmoral" played on the pipes by David Gill. Lessons were read by Betty Green and Terry Barbour in reflection of their service to the community. St Andrew's was beautifully decorated with small posies of fresh flowers on the pews, and two arrangements in purple and white at the communion table. The entrance included a six foot Irish Guard - or rather a uniform on a mannequin - and a floral crown made with excellent skill by Florence Coulter.

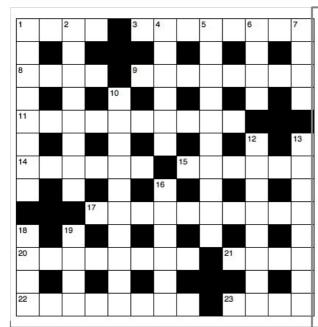
Refreshments afterwards involved barbecued sausages, served with rolls, scones and cakes served with tea, and picnics brought by those attending for themselves. Free ice cream was available to all. Bunting, some Coronation era books, and special cups and napkins marking the occasion completed the party.

We wish to thank those who led the preparations in both parishes, and all who assisted in the delivery of a special Platinum Jubilee for us all.

We are grateful to Tanya Adams for assisting in the provision of books, which were given to several parishioners, and to Mothers' Union in the diocese who provided books for us to give to each member of the local branch at Carryduff. Details of the book may be seen here: www.theplatinumjubilee.com/gift

We thank those who kindly took photos of the event which have been displayed in the Jeremy Taylor Chapel; some of which are included on the back page of this issue.

For those of us whose whole lives have been lived during Her Majesty's reign, this was a singularly wonderful weekend of activities to mark the occasion, enjoyed by most, if not all, of those who took part.



Across

- 1 Proverbs describes her as being 'of noble character' (Proverbs 31:10) (4)
- 3 'Shall we go up again — against the Benjamites, our brothers?' (Judges 20:23) (2,6)
- 8 A descendant of Shem (Genesis 10:28) (4)
- 9 'Anyone who does not carry his cross and follow me cannot be my ' (Luke 14:27) (8)
- 11 Resentment (Ephesians 4:31) (10)
- 14 In Cain (anag.) (6)
- 15 'Such knowledge is too wonderful for me, too lofty for me to—' (Psalm 139:6) (6)
- 17 Intense (1 Thessalonians 4:5) (10)
- 20 Third Order of the Roman Catholic Church (8)
- 21 'At midnight the cry rang out, "Here's the bridegroom! Come out to him" (Matthew 25:6) (4)
- 22 'My grace is sufficient for you, for my power is made perfect in ' (2 Corinthians 12:9) (8)
- 23 'As the pants for streams of water, so my soul pants for you, O God' (Psalm 42:1) (4)

Down

- 1 Nickname of popular First World War chaplain, the Revd G.A. Studdert Kennedy, — Willie (8)
- 2 Occasion of religious joy (Lamentations 2:22) (5,3)
- 4 'We three kings of are' (6)
- 5 Allegation or charge (Jude 9) (10)
- 6 Kind (1 Chronicles 12:33) (4)
- 7 'Open your and look at the fields!' (John 4:35) (4)
- 10 Also known as the Feast of Lights (John10:22) (10)
- 12 Area that saw the healing of two demon possessed men and a herd of pigs stampeding to their deaths (Matthew 8:28) (8)
- 13 Forebear (James 2:21) (8)
- 16 Name given to the first two books of the Apocrypha(6)
- 18 Esau sold his birthright for this (Genesis25:34) (4)
- 19 Rear(anag.)(4)

Answers on page 22

Register

Christian Funerals

Blessed are the dead who die in the Lord
16 May Edith May Proctor, Church Road, Carryduff
30 May Henry Morrison, formerly Hollygate Avenue

We extend our sympathy to all who are bereaved.

Remembering Edith Proctor

A small family gathering paid farewell to Mrs Edith Proctor (nee Copeland) at Roselawn Crematorium on Monday 16th May. A tribute, written by her four children, was read to those inside and outside the building. Its warmth and affection reflected the wonderful mother for whom they and their loved ones gave thanks. As a supportive friend and ally to each of her children, and a compassionate woman who cared for the creatures she so much enjoyed in her garden, not forgetting her dogs, Edith was a modest, gracious and dignified lady in her Carryduff home, and a wonderful listener with whom they could each share their joys and sorrows. She was a conservationist and avid recycler long before such issues became as popular as they are today. We hear fond memories of her late husband's wonderful voice at worship in St Ignatius' and the family's involvement with the church over the years.

We extend our sympathies to Joy, Stephen, Maureen and Ian, and their families, children and grandchildren.

Remembering Harry Morrison

A wonderful tribute to Harry Morrison was sent to his funeral at Roselawn by his son Billy in Perth, Australia. Those present were touched by the wonderful words spoken of Harry, a man whose genuine, gentle and friendly demeanour had made him a welcome part of the workforce at Harland and Wolff, the parish and community of Carryduff, and of the golf club at which he played for many years. From school days he was a capable drawer and painter. He served his time as a plater at the shipyard and received a British Empire Medal for work done on the ship Argus at the time of the Falklands Conflict. Later he became a senior foreman.

Having lived at Hollygate Avenue since the houses were first built there, he and his late wife Margaret were members of the parish during this time. Harry was a very faithful companion and, when his wife needed extra care at Carryduff Nursing Home, he continued his loving care for her day by day at the home.

Those gathering at Roselawn continued their fond reminiscences over refreshments afterwards.

We extend our sympathies to his surviving sister Kathleen, son and daughter in law, Billy and Maree, and his whole family circle and friends.

Website & Contacts

See service times, current news sheets, all magazines and recent news at:

https://carryduff-killaney.down.anglican.org

Facebook: KandCd at the Crossroads - Twitter #KandCd

Rector: Stephen Lowry, 078 345 84932

700 Saintfield Rd, 028 9081 2342

Carryduff BT8 8BU stephenlowry@me.com

Diocesan Readers: Marlene Moore

mrm-moore@hotmail.co.uk 028 9081 4896

Keith Shaw

keith_shaw@live.co.uk 079 0193 5205

Parish Reader: Jenny Montgomery

Office: Jenny Eralp 028 9081 3489

killaneyandcarryduff@icloud.com

Carryduff Cedric Adams Wardens: Raymond Scott

Honorary Treasurer: 028 9081 4579

Gift Aid Secretary: Fiona Moore
Honorary Secretary: Sandra Thomas
Sexton: Fiona Ellis

Freewill Offering: Susan Creber 028 9263 8798

Hall Bookings: Sandra Thomas
Killaney Marie Mack
Wardens: Adrian Cousins

Verger: Florence Coulter 028 9263 9133

Honorary Secretary: Colin McClintock

Covenants:Viona Crothers028 9751 9637Flower Rota:Anne Mannis028 9751 0089Cleaning Rota:Marie Mack028 9751 0350

Parish Panels: The Parish Panels seek to help ensure that children and

their leaders experience a safe and secure environment in their youth work.

Panel Members are Stephen Lowry and

 Carryduff
 Marlene Moore
 028 9081 4896

 Joan Nevin
 028 9751 9366

 Killaney
 Florence Coulter
 028 9263 9133

Bill Connor 028 9263 9873

Next Edition is the September Edition. Please submit copy by Monday 15 August for publishing on Friday 27 August

Summer Lesson Readers

Day	8:30 am Epistle	10:00 am Lessons	12:00 pm Lessons
3 July	Mary Hewitt	Marlene Moore	Raine Calard
10 July	Edward Darling	Denis Carson	Gary Crothers
17 July	David Patterson	George Buchanan	Vera Lowry
24 July	Patricia Darling	Trevor Dunlop	Norman May
31 July	Ken Fletcher	Jim Gibb	David Gill
7 August	Mary Hewitt	Susan Creber	Florence Coulter
14 August	Joan Clayton	Sandra Thomas	
21 August	Raymond Scott	Cedric Adams	
28 August	Caroline Taylor	Raymond Scott	

Service Cover Competition

A number of young people from the parishes, including the children of Rainbows, entered a recent competition to create a cover page for our Jubilee Service Sheets. Thank you to all who entered.

Winner was Annabelle Gill from Killaney, with runner-up Olivia Hanlon from Carryduff. Their contributions featured on the service sheets printed for the Platinum Jubilee Services. Small prizes will follow. The best contributions from Rainbows are on display in the Jeremy Taylor Chapel for the next few weeks.





16, Esdras. 13, Ancestor. 12, Gadarene. 10, Dedication. 7, Eyes. .9qγT ,θ 5, Accusation. 4, Orient. 2, Feast day. 1, Woodbine. DOWN: 23, Deer. 22, Weakness. 21, Meet. 20, Tertiary. 17, Passionate. 15, Attain. 14, Miacin. 11, Bitterness. Disciple. 8, Obal. 3, To battle. 1, Wife. :SSOSS

19, Area.

18, Stew.

Meet our Global Partners

We are delighted to be able to welcome Bishop Tandema and his wife to our parishes in August during their first short visit to our country.

Stephen Lowry, in 2011, and Liz Fleming, in 2017, met the couple while in South Sudan during two separate Mission Visits. Bishop Tandema and his diocese, Olo - pronounced oh low - which is part of the Episcopal Church of South Sudan, are regularly prayed for during church worship.

Now is a wonderful opportunity to meet these mission partners. We hope you make every effort to express your support by being present at one of the events we mention below.

Upon their arrival there is an opportunity for leaders in the parishes to meet all of the bishops visiting Northern Ireland as they prepare to go home after attending the Lambeth

Conference. Two further events are open to all as featured in the banners below.

Kingdom Voices will help all who care for God's work in action to celebrate what God is doing, with contributions from our visitors.





The **Global Fun Day** is also taking place close to home, at Sir Thomas and Lady Dixon Park, and is a family day for all ages; a barbecue will take place amidst the games being organised by the CMSI Team at their offices there.

Most special for us all are two

events in our parishes on Thursday 11 August at which we hope to meet Bishop Tandema and hear him speak.

Thursday 11th August

10:00 am Holy Communion with Hymns at Carryduff, followed by Morning Tea and Coffee in the Church Hall. Everyone welcome.

Bishop Tandema will speak at the service, and answer your questions later about how best we can help our partners in Olo.

6:00 pm Barbecue and Family Fun in Killaney Church Hall and Grounds.

An opportunity to talk with Bishop Tandema in twos and threes as we enjoy time together as a Church Family, young and old. Everyone welcome.

Please note *both* our local events are for parishioners and friends from *both* churches: please support and come to either or both as it best suits your availability.

Donations to the travel expenses for this event may be made at refreshments weekly in Carryduff and on Children's Day at Killaney. Thank you,



2nd & 5th June 2022